

# Smilie's Pediatric Dentistry

smiliespediatricdentistry.com

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We have included a Gel Kam kit. Your child is high risk for tooth decay, Gel Kam helps prevent further decay and slow current decay.

## Instructions:

1. Use only once a day, right before bedtime.
2. After brushing teeth with regular toothpaste, your child can rinse and spit and drink water.
3. Then use a pea-sized amount of gel kam, on the same tooth brush.
4. Apply gel to the teeth and brush thoroughly.
5. Allow the gel to remain on the teeth for 1 minute and the spit out the remainder.
6. No more rinsing or drinking, just off to bed.

Fluoride is well-known for its ability to strengthen tooth enamel and help prevent tooth decay. Stannous fluoride, in particular, is effective in preventing cavities and promoting overall dental health. Stannous fluoride has antibacterial properties, which helps in reducing the growth of harmful bacteria in the mouth.

Please review this material. If you have any questions, please contact our office at (616) 455-4646.

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Smilie's Pediatric Dentistry